



St Osmund's
CE Middle School
Hope · Community · Respect · Love



YEAR 7 RESIDENTIAL 2026
ST OSMUND'S CE MIDDLE SCHOOL



WHO IS MENDIP ADVENTURE ?

Established in 1987, Mendip Adventure is a national activity, education and training provider setting the gold standard in adventure and training.

Our flagship site is Mendip Activity Centre but there are several brands in our family.



WHERE IS MENDIP ACTIVITY CENTRE ?





MENDIP
ACTIVITY CENTRE

CURRENT ACTIVITY PROGRAMME*

DAY		ACTIVITIES
DAY ONE	AM	TRAVEL TO MENDIP ACTIVITY CENTRE
		LUNCH BREAK
	PM	TARGET SPORTS
		EVENING MEAL WITH PUDDING
	EVE	EVENING ACTIVITIES
DAY TWO	AM	CONTINENTAL BREAKFAST
		CLIMBING
	PM	LUNCH BREAK
		ABSEILING
	EVE	EVENING MEAL WITH PUDDING
	EVENING ACTIVITIES	
DAY THREE	AM	CONTINENTAL BREAKFAST
		ASSAULT COURSE
	PM	LUNCH BREAK
		KAYAKING
	EVE	EVENING MEAL WITH PUDDING
	EVENING ACTIVITIES	
DAY FOUR	AM	CONTINENTAL BREAKFAST
		ARCHERY ACTIVE & TOBOGGANING
	PM	LUNCH BREAK
		BUSH-CRAFT
	EVE	EVENING MEAL WITH PUDDING
	EVENING ACTIVITIES	
DAY FIVE	AM	MISSION IMPOSSIBLE
	PM	TRAVEL BACK TO SCHOOL

*SUBJECT TO
CHANGE



WHO IS MENDIP ADVENTURE ?

Our goal is to: **Inspire Everyone, Everywhere to make time for Adventure!**

Our values are:

Respect Risk: **Go safely beyond the comfort zone**

Respect Nature: **Protect our Playground**

Respect Choice: **Let everyone make their choice**



MENDIP
ACTIVITY CENTRE

A close-up, over-the-shoulder shot of a person with blonde hair, wearing clear safety glasses, aiming a black air rifle. The rifle is mounted on a tripod. The background shows a wooden building and a green field.

AIR RIFLE



MENDIP
ACTIVITY CENTRE

ARCHERY



MENDIP
ACTIVITY CENTRE

A group of people are participating in a rock climbing activity. Two individuals are seen climbing a large, dark, textured rock face. Several others are on the ground, some wearing helmets and harnesses, appearing to be belayers or waiting their turn. The background is filled with lush green trees and foliage. A dark blue banner is overlaid at the bottom of the image.

CLIMBING



MENDIP
ACTIVITY CENTRE



CLIMBING



MENDIP
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ABSEILING



MENDIP
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AXE THROWING



MENDIP
ACTIVITY CENTRE



TOBOGGANING



ASSAULT COURSE



ASSAULT COURSE



MENDIP
ACTIVITY CENTRE



ASSAULT COURSE



MENDIP
ACTIVITY CENTRE

KAYAKING



MENDIP
ACTIVITY CENTRE



KAYAKING



MENDIP
ACTIVITY CENTRE

BUSH-CRAFT



MENDIP
ACTIVITY CENTRE



BUSH-CRAFT



MISSION IMPOSSIBLE



MENDIP
ACTIVITY CENTRE



MISSION IMPOSSIBLE



MISSION IMPOSSIBLE



MENDIP
ACTIVITY CENTRE



EVENING ACTIVITIES – CAMPFIRE



MENDIP
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EVENING ACTIVITIES – WIDE GAMES



MENDIP
ACTIVITY CENTRE



EVENING ACTIVITIES- FRISBEE GOLF

The background of the slide is a wide-angle photograph of a sunset over a hilly landscape. The sun is a bright, glowing orb on the horizon, casting a warm orange and yellow light across the sky. The hills in the foreground are silhouetted against the bright sky. The overall mood is peaceful and scenic.

EVENING ACTIVITIES – NIGHT WALK



MENDIP LODGE



MENDIP
ACTIVITY CENTRE



SLEEPING ACCOMMODATION



SLEEPING ACCOMMODATION



ENSUITE SHOWER ROOMS



MENDIP
ACTIVITY CENTRE

A photograph of the exterior of the Mendip Activity Centre building. The building is a single-story structure with a light-colored facade and a brown tiled roof. It features several large, multi-paned wooden doors and windows. The building is surrounded by lush green trees and foliage, with a bright sun flare in the upper left corner. In the foreground, there is a paved area with a stone planter box and a wooden picnic table.

DINING ROOM



DINING ROOM

CATERING PACKAGE



DAY 1

- EVENING MEAL WITH PUDDING

DAY 2, 3 & 4

- CONTINENTAL BREAKFAST
- PACKED LUNCH
- EVENING MEAL WITH PUDDING

DAY 5

- CONTINENTAL BREAKFAST
- PACKED LUNCH

ALL DIETARY REQUIREMENTS & ALLERGIES CATERED FOR



MENDIP
ACTIVITY CENTRE

A close-up, slightly angled view of a salad bar. Several stainless steel trays are lined up on a grey granite countertop. From left to right, the trays contain: shredded orange carrots, cherry tomatoes, sliced cucumbers, shredded orange carrots, shredded cheese, and shredded lettuce. Each tray has a white plastic spoon resting in it. The background is softly blurred, showing more trays and a wooden surface.

SALAD BAR



MENDIP
ACTIVITY CENTRE

FRESH FRUIT

KIT LIST



St Osmunds Staffing

Mendip

- Miss Prince
- Mrs Macnair
- Mr Dabbs
- Miss Golledge
- Mr Macnair
- Miss K
- Mr Dickinson
- Miss Fox

Mendip Camp

Mr Otter
Mrs Golledge
Mr Fitzgerald

What you need to bring on Monday 29th June

- Your full kit list
- Sleeping bag and pillow
- Sun cream
- Packed lunch (nut free)
- Any medication in a named plastic bag
- A water bottle to refill for the week
- Spending money



What you are not allowed to bring

MOBILE PHONES

Hand held computer games

Jeans

Crocs

Flip flops

Sandals

Valuable jewellery

Any dangerous items



**THE USE OF
MOBILE PHONES
IS NOT ALLOWED**

If any student is found to have a mobile phone or dangerous items on them, they will be sent home.

A phone call will be made and the student will need to be collected from Mendip.



IMPORTANT!

We **strongly recommend** leaving valuables and jewellery at home. Our team cannot look after your belongings whilst on activity.

Mendip Activity Centre is not responsible for loss or damage to any personal possessions, valuables or clothing.

Avoid jeans. Denim can be very hard to move in, especially if they get wet.

Bring a bottle of water—adventure is thirsty work.

The majority of our sessions require closed toe footwear.

Even when it's hot, we can't allow flip flops, sandals or crocs. Sorry.

MEDICATION

Please give all medication to your group leader

Make sure the medication is named and in a plastic bag

The group leader will be in charge of your medication for the week and will keep a paper record.



You will be told your activity groups before you get on the bus, this way all medication can be given to your group leader.

You will be told your room groups when we arrive at Mendip Lodge.

Any Questions?