

KIT LIST

DON'T FORGET
TO LABEL ALL
YOUR ITEMS!



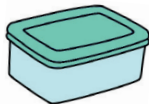
ESSENTIALS

- ☐ Waterproof sunblock SPF50
- ☐ Reusable drinks bottle
- ☐ Sleeping bag
- ☐ Pillow & pillowcase
- ☐ Wash kit - soap, shampoo, toothbrush & toothpaste, roll on deodorant (**no** aerosols)
- ☐ Towels - 1 x washing & 1 x beachtowel
- ☐ Bin liner/plastic bag for wet/dirty clothing & shoes



STAYING AT BUDDENS - ALSO BRING:

- ☐ Eating utensils & equipment - cutlery, non-breakable cup/mug, plate & bowl
- ☐ Tea towel
- ☐ Torch/head torch
- ☐ Clothes hangers (x3)
- ☐ Tupperware/food container



WET STUFF

- ☐ Swimming costume / trunks / board shorts
- ☐ Rash vest - advisable
- ☐ Wetsuit - optional depending on the weather
- ☐ Wetsuit shoes **OR** an old pair of trainers

RASH VESTS DRY
QUICKER THAN
OTHER MATERIALS
& ARE INEXPENSIVE



CLOTHING

- ☐ Jumpers & sweatshirts
- ☐ Tops - longsleeved & t-shirts (shoulders need to be covered)
- ☐ Tracksuit trousers & Jogging bottoms
- ☐ Shorts
- ☐ Warm pyjamas / nightwear / bed socks!
- ☐ Underwear - lots of - especially socks!
- ☐ Waterproof bottoms
- ☐ Jackets - warm coat
- light weight rainproof jacket
- ☐ Hat - sun hat or woolly hat (depending on weather)
- ☐ Gloves if it's chilly!



NO JEAN MATERIAL
- IT DOESN'T DRY
EASILY!

FOOTWEAR



- ☐ Trainers - 1 pair for land activities
- 1 pair for water activities (if you don't have wetsuit shoes)
- 1 dry pair for the evening
- ☐ Wellies (weather dependent - Buddens)

OTHER

- ☐ Label **ALL** medication
- ☐ Maximum of £10 advised for the tuck shop/cafe

DECATHLON

We have teamed up with Decathlon to provide you with a variety of clothing and watersports wear at a discounted price. Check out the **WEBSITE HERE** for our recommendations. Their items are both affordable and good quality.

DO NOT BRING

Valuables
Mobile phones
Expensive clothing

We are unplugged so no
opportunity for charging!