



BUDDENS ACTIVITY CENTRE

St Osmund's School

Wednesday 1st - Friday 3th July 2026



Rockley Team



Jack Clark



Sara Holt



Nathaniel Gordon



Courtney Dalton



Lucy Clark

Our Team

Mrs Stone

Mr Dance

Mr Ford

Mrs Day

Miss Adams

Mrs Harrington

Miss Carney

Miss Adams

Miss Prowse





Welcome To Rockley Adventure

Rockley is a family run business established in 1976. With years of experience in delivering excellence in the watersports industry, Rockley has grown to include 3 training centres in the UK and now operate school ski trips to the French Alps.

We provide career training, outdoor classroom adventurous learning for schools and groups and professional instructor training, all delivered by an enthusiastic, passionate team of qualified experts. At Rockley we pride ourselves on being one of the premier training providers in the UK for professional development and one of the leading operators of overseas adventure holidays for schools and groups.

Our reputation is one which we are extremely proud of and is based on our long record of providing the highest quality of instruction, equipment, safety and of course fun. This reputation has been responsible for introducing thousands of individuals, our Rockley students, families and school children to the delights of watersports and hopefully facilitates a life-long love and participation in a least one of the sports that we provide training and experience in.

Our Centres



Rockley Point



Buddens Activity Centre



Poole Park

About Buddens

Puddletown Road

Wareham

BH20 7NU

96

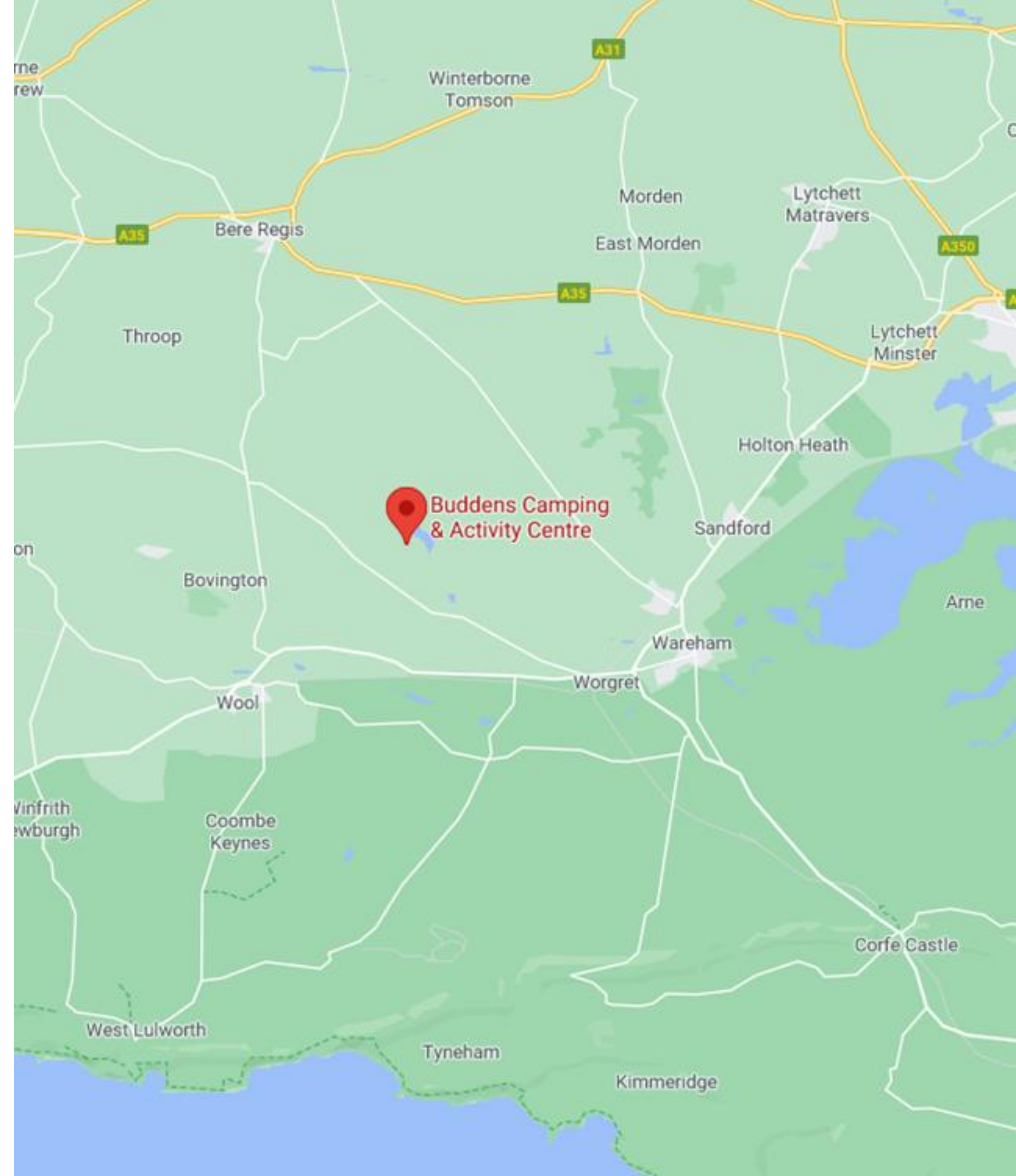
Buddens Activity Centre lies in the heart of the historic and beautiful Isle of Purbeck and Jurassic Coast, boasting 96 acres of natural countryside, heathland, woodland and plantations. Buddens Activity Centre offers school groups the opportunity to explore the natural environment and take part in a once in a lifetime activity programme in a stunning setting.

384

With a maximum capacity of 384 pupils each week, Buddens enables each and every child the opportunity to try a wide range of activities as well as feel truly in nature for the duration of their stay.

32

Over 32 different activities on offer.



Activities

01

Watersports including; kayaking, stand up paddle boarding (SUP), mega SUP, raft building, bell boating, canoeing.



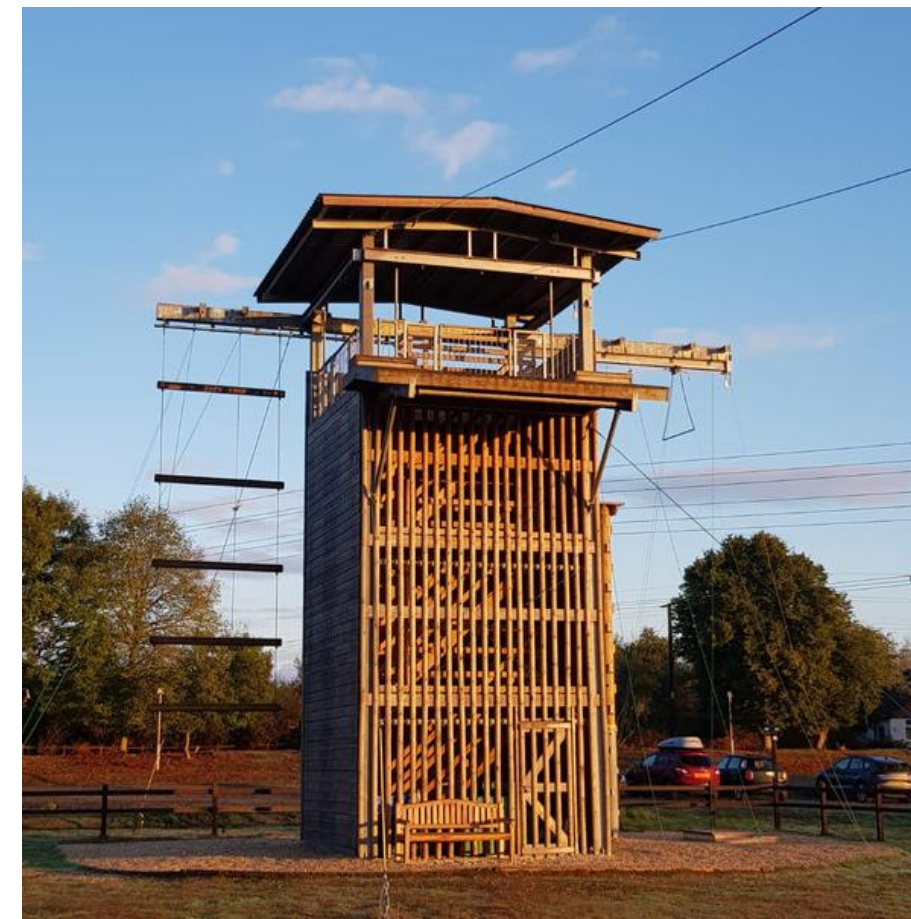
02

Target sports including; archery, tomahawk throwing and archery tag.



03

High ropes including; climbing, abseiling, Jacob's ladder, leap of faith, crate stack, high all aboard, zip wire and dry tooling.



04

Team building; nightline, buddens challenge and task master.



ENHANCE RELATIONSHIPS

Build relationships with peers and teachers and creating a strong sense of community.



EXPERIENCING SUCCESS

Building relationships with peers and teachers and creating a strong sense of community.



BEING HEALTHY

Recognising the link between a healthy lifestyle and a healthy mind to promote a positive attitude.



GOOD COMMUNICATION

Encourage young people to think on their feet, work as a team and give clear instructions.

CONFIDENCE AND ENGAGEMENT

Recognising the link between a healthy lifestyle and a healthy mind to promote a positive attitude.



DEVELOPING INDEPENDENCE

Instilling the belief that youngsters can achieve on their own encouragement.



What's Included

01

3 or 5 days of activities depending on trip length. Full programme.

02

Accommodation in large bell tents. Between 5 – 8 pupils per tent. Tents are located in villages.

03

3 healthy meals a day. All cooked on site and buffet style.

04

All safety equipment provided.



Camp Life

OUR ACTIVITIES

- Climbing Tower
- Leap of Faith
- Jacob's Ladder
- Abseiling
- Zip Wire
- High All Aboard
- Dry Tooling
- Crate Stacking
- Tunnels Complex
- Archery
- Shooting
- Tomahawk Throwing
- Gauntlet
- Fire Lighting
- Campfire
- Bellboat
- Raft Building
- Paddleboarding
- Canoeing
- Kayaking
- Mega SUP
- Teambuilding
- Nightline
- Buddens Challenge

OUR CAMPSITES

- | | | | |
|-----------|------------|-------------|--------------|
| 1 Heath A | 11 Pond B | 21 Rhodi H | 31 Birch |
| 2 Heath B | 12 Pond C | 22 Roc | 32 Oak |
| 3 Heath C | 13 Sika | 23 Fallow | 33 Lakeside |
| 4 Heath D | 14 Rhodi A | 24 Nightjar | 34 Rushes |
| 5 Heath E | 15 Rhodi B | 25 Martins | 35 Chaffinch |
| 6 Furze A | 16 Rhodi C | 26 Quarry A | 36 Beech |
| 7 Furze B | 17 Rhodi D | 27 Quarry B | 37 Coppice |
| 8 Gorse A | 18 Rhodi E | 28 Quarry C | 38 Acorn |
| 9 Gorse B | 19 Rhodi F | 29 Quarry D | |
| 10 Pond A | 20 Rhodi G | 30 Rowan | |

BUILDINGS & PLACES OF INTEREST

- A Reception & Tuckshop
- B Office



KEY

- Road
- Campsite
- Water
- Reception
- Bins/Recycling
- Woodpile
- Site Assembly
- Tap
- Track
- Out of Bounds
- Building
- Parking
- Toilet
- Quiet Area
- No Entry (cars)



Wednesday 1st July

Arrive at the gates by the car park. 8.40am

All meds in a clear plastic bag labelled with instructions

Bags under the shelter

Walk to Small Hall

Register / tent / activity groups

Leave at 10.00am

Friday 3th July

Pick up at 3.15 pm under the shelter

By the gates next to the carpark

Activity Programme - 3 Days

Buddens Activity Centre Centre - Activity Programme

Organisation Name: St Osmund's CE Middle School | Number Of Groups: 8 | Nights: 2 | Arrival Date: 11:00, 01 Jul 2026 | Departure Date: 13:30, 03 Jul 2026

Session	Time	St Osmunds CE Middl 1	St Osmunds CE Middl 2	St Osmunds CE Middl 3	St Osmunds CE Middl 4
Wednesday 01 Jul					
Wed	11:00 - 12:00	Arrival Talk/ Site Orientation	Arrival Talk/ Site Orientation	Arrival Talk/ Site Orientation	Arrival Talk/ Site Orientation
Wed	13:30 - 15:00	Mega SUP 3	Linear - Gauntlet	Taskmaster - Team 3	Linear - Giant Swing
Wed	15:15 - 16:45	Tower - Abseil 2	Mega SUP 3	Linear - Gauntlet	Taskmaster - Team 3
Wed	19:15 - 20:15	Wide Games 1	Wide Games 1	Wide Games 1	Wide Games 1
Session	Time	St Osmunds CE Middl 1	St Osmunds CE Middl 2	St Osmunds CE Middl 3	St Osmunds CE Middl 4
Thursday 02 Jul					
Thu	09:15 - 10:45	Archery Tag	Tower - Abseil 2	Mega SUP 3	Linear - Gauntlet
Thu	11:00 - 12:30	Linear - Climbing (1)	Archery Tag	Tower - Abseil 2	Mega SUP 3
Thu	13:30 - 15:00	Kayaking 2	Linear - Climbing (1)	Archery Tag	Tower - Abseil 2
Thu	15:15 - 16:45	Linear - Giant Swing	Kayaking 2	Linear - Climbing (1)	Archery Tag
Session	Time	St Osmunds CE Middl 1	St Osmunds CE Middl 2	St Osmunds CE Middl 3	St Osmunds CE Middl 4
Friday 03 Jul					
Fri	09:15 - 10:45	Taskmaster - Team 3	Linear - Giant Swing	Kayaking 2	Linear - Climbing (1)
Fri	11:00 - 12:30	Linear - Gauntlet	Taskmaster - Team 3	Linear - Giant Swing	Kayaking 2

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Organisation Name: St Osmund's CE Middle School | Number Of Groups: 8 | Nights: 2 | Arrival Date: 11:00, 01 Jul 2026 | Departure Date: 13:30, 03 Jul 2026

Session	Time	St Osmunds CE Middl 5	St Osmunds CE Middl 6	St Osmunds CE Middl 7	St Osmunds CE Middl 8
Wednesday 01 Jul					
Wed	11:00 - 12:00	Arrival Talk/ Site Orientation	Arrival Talk/ Site Orientation	Arrival Talk/ Site Orientation	Arrival Talk/ Site Orientation
Wed	13:30 - 15:00	Kayaking 2	Linear - Climbing (1)	Archery Tag	Tower - Abseil 2
Wed	15:15 - 16:45	Linear - Giant Swing	Kayaking 2	Linear - Climbing (1)	Archery Tag
Wed	19:15 - 20:15	Wide Games 1	Wide Games 1	Wide Games 1	Wide Games 1
Session	Time	St Osmunds CE Middl 5	St Osmunds CE Middl 6	St Osmunds CE Middl 7	St Osmunds CE Middl 8
Thursday 02 Jul					
Thu	09:15 - 10:45	Taskmaster - Team 3	Linear - Giant Swing	Kayaking 2	Linear - Climbing (1)
Thu	11:00 - 12:30	Linear - Gauntlet	Taskmaster - Team 3	Linear - Giant Swing	Kayaking 2
Thu	13:30 - 15:00	Mega SUP 3	Linear - Gauntlet	Taskmaster - Team 3	Linear - Giant Swing
Thu	15:15 - 16:45	Tower - Abseil 2	Mega SUP 3	Linear - Gauntlet	Taskmaster - Team 3
Session	Time	St Osmunds CE Middl 5	St Osmunds CE Middl 6	St Osmunds CE Middl 7	St Osmunds CE Middl 8
Friday 03 Jul					
Fri	09:15 - 10:45	Archery Tag	Tower - Abseil 2	Mega SUP 3	Linear - Gauntlet

PLEASE NOTE THAT CHANGES TO THE ORDER OF ACTIVITIES MAY BE NECESSARY UP UNTIL YOUR ARRIVAL WITH US

Sample Programme – 3 Days (for food ideas)

	DAY 1	DAY 2	DAY 3
BREAKFAST		Sausage, Egg, Baked Beans, Veggie Sausages, Cereals, Bread etc	Pain Au Chocolat, Hot Chocolate, Cereals, Bread etc
SESSION 1		Tomahawk Throwing	Archery
SESSION 2	Arrive	Task Master	Jacobs Ladder
LUNCH	Packed Lunch and salad bar	Packed Lunch and salad bar	Packed Lunch and salad bar
SESSION 3	Climbing Wall	Zip Line	Depart
SESSION 4	Kayaking	Stand Up Paddle Boarding	
DINNER	Pasta Bolognaise, Garlic Bread, Fresh Steamed Broccoli	Mediterranean Rice, with Chicken, Chorizo and Vegetables	
EVENING	Wide Games	Self-led Entertainment	

Safety



AALA Licensed
OFSTED Registered
Institute for Outdoor
Learning Members
LOTC Quality Badge holders



All activity staff are First Aid qualified
All activities are led by qualified
instructors
Equipment records are kept daily on
Paper Trail



Staff on duty 24 hours



Essentials to remember

Suncream and a hat

Sleeping bag and pillow

Water shoes or old trainers

Cutlery, plastic plate, bowl, reusable bottle, a cup and a lunch box for salad

ESSENTIALS

- Waterproof sunblock SPF50
- Reusable drinks bottle
- Sleeping bag
- Pillow & pillowcase
- Wash kit - soap, shampoo, toothbrush & toothpaste, roll on deodorant (**no** aerosols)
- Towels - 1 x washing & 1 x beachtowel
- Bin liner/plastic bag for wet/dirty clothing & shoes



DON'T FORGET TO LABEL ALL YOUR ITEMS!

WET STUFF

- Swimming costume / trunks / board shorts
- Rash vest - advisable
- Wetsuit - optional depending on the weather
- Wetsuit shoes **OR** an old pair of trainers



RASH VESTS DRY QUICKER THAN OTHER MATERIALS & ARE INEXPENSIVE

Kit List

CLOTHING

- Jumpers & sweatshirts
- Tops - longsleeved & t-shirts (shoulders need to be covered)
- Tracksuit trousers & Jogging bottoms
- Shorts
- Warm pyjamas / nightwear / bed socks!
- Underwear - lots of - especially socks!
- Waterproof bottoms
- Jackets - warm coat - light weight rainproof jacket
- Hat - sun hat or wolly hat (depending on weather)
- Gloves if it's chilly!



NO JEAN MATERIAL - IT DOESN'T DRY EASILY!

STAYING AT BUDDENS - ALSO BRING -

- Eating utensils & equipment - cutlery, non-breakable cup/mug, plate & bowl
- Tea towel

FOOTWEAR



- Trainers - 1 pair for land activities - 1 pair for water activities (if you don't have wetsuit shoes) - 1 dry pair for the evening
- Wellies (weather dependent - Buddens)

OTHER

- Label **ALL** medication
- Maximum of £10 advised for the tuck shop/cafe

DECATHLON

We have teamed up with Decathlon to provide you with a variety of clothing and watersports wear at a discounted price. Check out the **WEBSITE HERE** for our recommendations. Their items are both affordable and good quality.

Head Torch on main kit List / Hangers / Changing Towel ?

STUDENTS BEHAVIOUR CHARTER



BEHAVIOUR & CONDUCT

STUDENT'S WILL:

1. Whilst at the activity centre, treat all centre staff with the same respect and manners, as we would expect for all our school staff.
2. During the outbound journey, the duration of the holiday and the return journey, be expected to behave in a way expected by both parents and school alike (all normal school rules apply).
3. Follow the guidelines for the coach and ferry travel as detailed by the coach drivers and your teachers at the outset of the journey.
4. Follow the centre and activity rules which are explained on arrival.
5. Take part in all the activities, unless there is a medical reason to prevent them from doing so.
6. At all times, wear the unique identification wristband, which is issued on arrival at any of our French centres.
7. Respect other people's property.

STUDENT'S WILL NOT:

8. Be allowed to smoke
9. Be allowed to drink alcohol
10. Bring, purchase or obtain offensive weapons
11. Threaten, use violence or bully any other person
12. Use or have in their possession any drugs.
13. Remove the unique identification wristband. Students without a wristband are not allowed on any activities. Wristbands deliberately removed will only be replaced upon payment of a fee.
14. Enter the accommodation of students of the opposite sex.
15. Disturb others or prevent them from getting to sleep after lights out (pupils will need their sleep for activities the following day)
16. Behave in any way which could endanger the safety or well-being of themselves, other students, adult staff, centre staff or members of the public.
17. Use any equipment or try any activity without the supervision of staff.

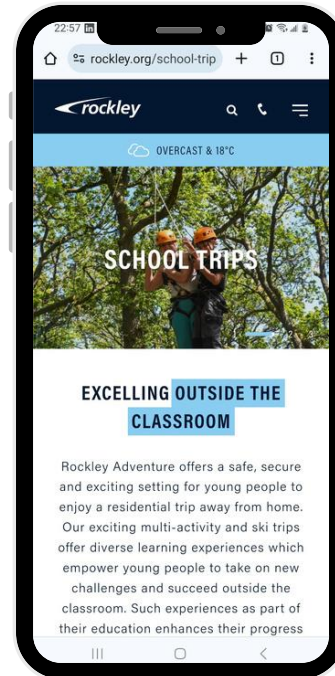
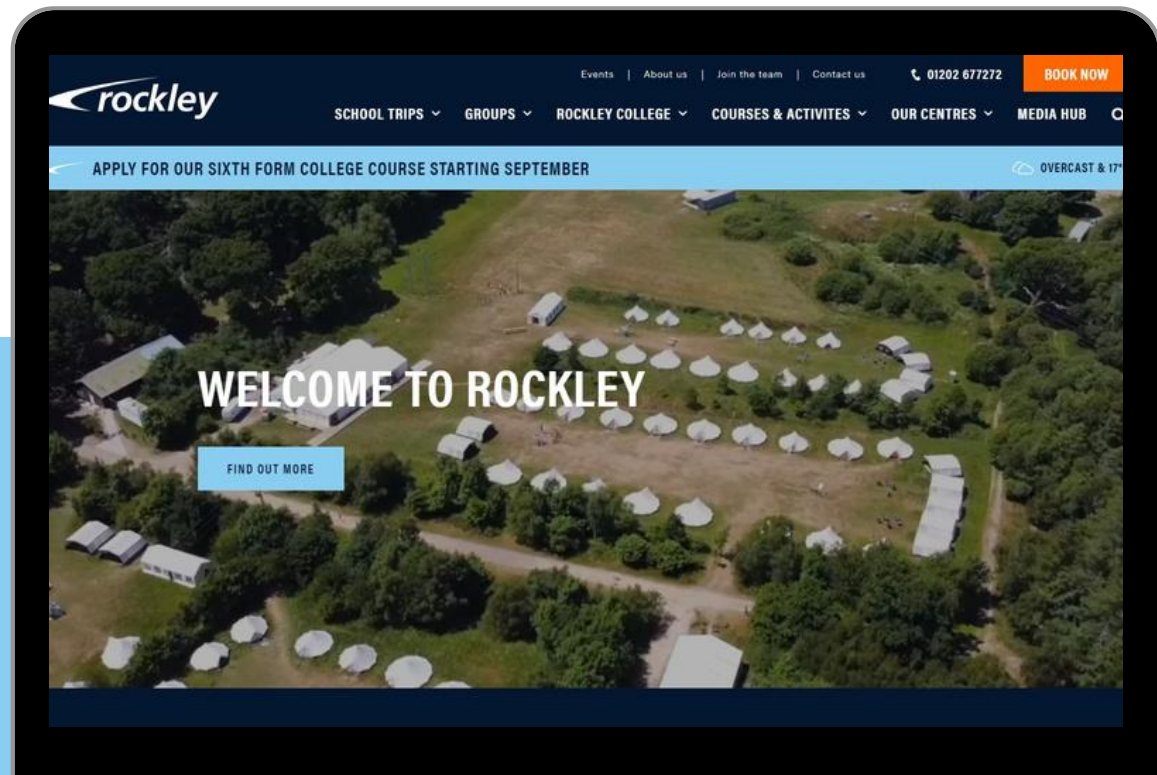
IMPORTANT NOTES

- If the Group Leader and/or Rockley Adventure deem a student's behaviour to be unacceptable eg endangering the safety of others or the quality of the holiday of others, then that student will be repatriated. The cost of such repatriation must be met by the parent/guardian of that pupil.
- Rockley Adventure also reserves the right to charge for the full amount of the cost of repair or replacement of any of the Company's equipment damaged willfully, damaged under the influence of drink or drugs or damaged as a result of a group member not obeying the Company staff's instructions.
- At any point prior to the date of departure, a student's place can be cancelled due to serious ill discipline, either in or outside of school, which may incur loss of deposits/monies paid.

REMEMBER

- All relevant safety equipment should be worn throughout activities.
- The identification wristband must be worn at all times.
- The sun and wind can cause burns to the skin - use a hat and sunscreen.
- Always wear suitable footwear.
- Make sure you drink plenty of water.
- Don't skip meals, our activities are active, you'll need your energy.
- The toilet blocks are NOT a social area.
- Ask if you are not sure about anything (our staff are the ones in Rockley uniform!)
- DO NOT bring valuables, especially mobile phones on a trip. Public pay phones are available at all sites.
- If you injure yourself in any way you must report this, either to one of your teachers or to a member of the Rockley Adventure staff, so that treatment can be administered and a report can be made in the accident book.


FOR YOUR OWN SAFETY AND ENJOYMENT YOU SHOULD ATTEND ALL SAFETY BRIEFINGS - ON THE COACH, ON THE FERRY, AT OUR CENTRE AND PRIOR TO ACTIVITIES.




Contact us

 01202 677272

 www.rockley.org

 adventure@rockley.org

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Dorset, BH20 7NU.

