

	<b>Year 9</b>
Term 1	<p><b>Citizenship – Association of Citizenship Teachers and PSHE Association schemes of learning</b></p> <p><b>Introduction to Government and Politics</b>  Lesson 1 – <i>Intro to PSHCE Education and How is the country run?</i>  <i>Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press</i></p> <p><i>The different electoral systems used in and beyond the United Kingdom and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond</i></p> <p>Lesson 2 - <i>What are the differences between local regional and national governance?</i>  <i>Local, regional and international governance and the United Kingdom’s relations with the rest of Europe, the Commonwealth, the United Nations and the wider world</i></p> <p><b>Inclusion, belonging &amp; addressing extremism</b>  Lesson 3 - <i>Valuing diversity</i>  <i>Diverse national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding</i></p> <p>Lesson 4 - <i>Understanding and Preventing Extremism</i>  <i>The different ways in which a citizen can contribute to the improvement of their community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity</i></p> <p>Lesson 5 – <i>Radicalisation</i>  <i>The different ways in which a citizen can contribute to the improvement of their community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity</i></p> <p><b>CORE LEARNING POINTS -</b></p> <p><b>1. Is it normal for people to experience changes in mood including stress and anxiety at times? How can these be dealt with?</b></p>

Red italics indicate statutory PSHE and Citizenship content descriptors covered in the lesson or other learning opportunity

2. What are some mental health 'red and green flags'?
3. Where can you go to for help and support with mental wellbeing?

### **Additional learning opportunities (Convenient point in the year)**

Peter Radford – *Your Voice* (off timetable summary workshop)

*British Values and our role in society today.*

*Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press*

*The different electoral systems used in and beyond the United Kingdom and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond*

*Other systems and forms of government, both democratic and non-democratic, beyond the United Kingdom*

*The different ways in which a citizen can contribute to the improvement of their community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity*

**Late November - Operation Blitz** – Drop down day looking at the dangers and impact of alcohol in preparation for the festive season.

Accompanied by a showing of 'Last Orders' by Solomon Theatre Company with a teacher led workshop to explore the key messages of:

- The stages of intoxication and alcohol abuse.
- Sexual health and making choices.
  
- Legal issues: under-age purchasing of alcohol and other restricted goods, statutory rape, antisocial behaviour and the implications of having a criminal record.
- Relationships: positive and negative role models, reputation and respect

Also, on this day students undertake a session on basic first aid covering:

- *Basic treatment for common injuries.*

	<ul style="list-style-type: none"> <li>• <i>Life-saving skills, including how to administer CPR.</i></li> <li>• <i>The purpose of defibrillators and when one might be needed.</i></li> </ul>
Term 2	<p><b>Drugs and alcohol education - PSHE Association scheme of learning</b></p> <p>Lesson 1 – Exploring attitudes  <i>The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.</i></p> <p><i>Awareness of the dangers of drugs which are prescribed but still present serious health risks.</i></p> <p><i>The facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so.</i></p> <p>Lesson 2 – Drugs, the law and managing risk  <i>The law relating to the supply and possession of illegal substances.</i></p> <p>Lesson 3 – Drugs and their effects Alcohol and cannabis  <i>The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.</i></p> <p><i>The physical and psychological consequences of addiction, including alcohol dependency.</i></p> <p>Lesson 4 – Effects of drugs (Case study)</p> <p>Lesson 5 – Managing influence</p> <p><b>CORE LEARNING POINTS –</b></p> <ol style="list-style-type: none"> <li><b>1. Why are drugs dangerous? (physical, mental, legal, social and professional risks)</b></li> <li><b>2. Where can you go for help and support about drugs and alcohol?</b></li> </ol> <p><b>Early to mid-February - Exploitation and drug awareness – 1 hr drop down sessions (college based) on the current dangers associated with child exploitation and grooming related to county lines and gangs. Delivered in conjunction with Escapeline.</b></p> <p>Foci of:</p>

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	<ul style="list-style-type: none"> <li>• Child Exploitation and grooming</li> <li>• County Lines and gangs</li> </ul>
Term 3	<p><b>RSE – PSHE Association scheme of learning with additional material from Dorset County Hospital Sexual Health Unit</b></p> <p>Lesson 1 – Introduction to consent</p> <p><i>The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.</i></p> <p><i>How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).</i></p> <p><i>Intimate and sexual relationships, including sexual health</i></p> <p>Lesson 2 – Avoiding assumptions</p> <p>Lesson 3 – Freedom and capacity to consent</p> <p>Lesson 4 – Contraception</p> <p><i>The facts about the full range of contraceptive choices, efficacy and options available.</i></p> <p>Lesson 5 – STI</p> <p><i>How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.</i></p> <p><i>About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.</i></p> <p><i>How the use of alcohol and drugs can lead to risky sexual behaviour.</i></p> <p><i>How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.</i></p>

**CORE LEARNING POINTS –**

- 1. Why is consent important?**
- 2. Why are relationships, both intimate and non-intimate, important?**
- 3. Why is contraception important?**
- 4. What are some relationship 'red and green flags'?**
- 5. Where can you go for help and support with relationships?**

## PSHCE Education 'Golden Threads' - *Respect, Relationships and Responsibilities*